Maccabi Sports Days come to Montreal

By Mark Lidbetter The Suburban

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Students got to try their soccer skills during the Maccabi Sports Day event held at Herzliah and Hebrew Academy last week. Photo courtesy of Maccabi Canada.

Students at Herzliah High School and Hebrew Academy had a special treat, last week athletes representing Maccabi Canada brought a taste of their sport and the Maccabiah Games to their schools.

Maccabi Sports Days, which have become highly anticipated events on the school calendar in Toronto and Calgary, made their Montreal debut over the course of three days, with Maccabiah alumni running various clinics for the students. While students enjoy a fun morning or afternoon of sports, the underlying goal of the Sports Day is twofold: to ensure that students understand the importance of leading a healthy lifestyle and to receive an introduction to the Maccabiah movement. "All three days were incredible; the students had an amazing time," said Daniel Smajovits, co-chair of Maccabi Quebec. "For many of the boys and girls, this was their first taste of the Maccabiah movement, so they were amazed by meeting so many male and female Jewish athletes who competed at such a high level, but even more than that, they were excited to play all the sports."

Maccabiah Alumni representing basketball, tennis, softball and soccer ran clinics for the students as well as volunteers from CoreXcellence also provided injury prevention sessions.

One more Sports Day is planned for Montreal this school year as students at JPPS Elementary School and Bialik High School will welcome Maccabi Canada on May 15. The organization has plans to expand the program in the future to ensure that all Jewish children in both the public and private sectors can share in the experience.

The 20th Maccabiah Games are set to take place from July 4–19 in Israel. For more information on local events or the upcoming Games, please contact Maccabi Quebec's leadership: Mark Singer and Daniel Smajovits at maccabiquebec@gmail.com.

sports@thesuburban.com