

RHYTHMIC GYMNASTICS REGULATIONS

Last update 23/1/2017

1. Organization

- a. The Gymnastics Committee of the 20th Maccabiah will be responsible for the Rhythmic Gymnastics competitions of the 20th Maccabiah, subject to the approval of the Sport Department.
- b. The Rhythmic Gymnastics competitions will be conducted according to the rules of the International Gymnastics Federation (F.I.G.), according to the new code of points, 2017-2020
- c. Participation in the competition is open to any athlete who is in possession of a Participant Card, issued by the Organizing Committee of the 20th Maccabiah, and is registered for the Rhythmic Gymnastics competitions.
- d. Each country may enter up to 4 competitors for the individual open competitions born 2001 and older and up to 4 competitors for the individual juniors (2002-2004) competitions.

2. Venues and times

- a. The Gymnastics Committee of the 20th Maccabiah will determine the venues and times of the Rhythmic Gymnastics competitions and teams will be notified accordingly.
- b. The Gymnastics Committee is authorized to change the venues and times of the competitions. These decisions will be final.
- c. The competitions will be held in a hall, according to the rules of the International Gymnastics Federation.

3. Program of the competition

The all-round competition will include four free exercises :(senior/junior)

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| (1) Exercise with HOOP | 1:15-1:30 |
| (2) Exercise with BALL | 1:15-1:30 |
| (3) Exercise with CLUBS | 1:15-1:30 |
| (4) Exercise with RIBBON | 1:15-1:30 |

4. Music

According FIG rules

5. System of competition

The competitions will be divided into two parts as follows:

- a. Competition No. 1 will decide classification in the all round competition, according to the total number of points achieved in the 4 exercises.
- b. Competition No. 3 finals: will be no more than 2 gymnasts from NF (as will be determined by the Organizing Committee according the total number of participants and level of gymnasts).
- c. In both competition SENIOR/JUNIOR will be classification for team results if will be at least 4 NF.
- d. Senior will present max .16 ex. And the best 12 ex. Will be the team score
- e. Junior will present max .16 ex. And the best 12 ex. Will be the team score
- f.

6. Classification

- a. General individual classification will be decided upon according to the results obtained by each gymnast on all the apparatus together, in competition no. 1.
- b. Individual classification on each apparatus will be decided upon according to the results of the Final.

7. Judges

The Gymnastics Committee will appoint a Judges' Committee, which in turn will appoint the judges of the competition. Each country is invited to propose up to two

(2) international judges F.I.G brevet, valid 2017-2020 the host country will complete judges according the no. of necessary judges.

8. General

- a. These regulations are but one part of the complete 20th Maccabiah Regulations, and must be read along with the instructions found in "Basic Regulations and Disciplinary Procedures".
 - b. In the event of a discrepancy between the regulations written here and those appearing in the "Basic Regulations", the regulations written here will apply and be binding.
- 9.** The Organizing Committee is Authorize to make changes in the competition format if necessary according the total number of participants and NF.